

MONDAY APRIL 20	TUESDAY APRIL 21	WEDNESDAY APRIL 22	THURSDAY APRIL 23	FRIDAY APRIL 24
09.30 -09.45 Registration ABF SC, Room 6306 09.45-10.00 Opening Ceremony: welcome speech by the President ABF SC, Room 6306 10.00 -10.30 Start of the "Zero Waste Week" Challenge – participants will be encouraged to minimize personal waste, to avoid single-use plastics and track their waste for 5 days. ABF SC, Room 6306 10.30 -12.00 Ice-Breaker & Speed Networking activity ABF SC, Room 6306 12.00-13.30 European Gastronomy Fair of traditional food and drinks presented by the participants ABF SC, Room 6306 13.30-14.00 Explore AUBG Library - Tour and Presentation BAC, Library 14.00-15.30 Get to know AUBG campus and Blagoevgrad	09.30-10.00 Mindfulness & Relaxation Session 10.00-11.00 Erasmus sustainable practices - Round table session ABF SC, Room 6306 11.00-12.00 Well-being habits – Interactive Workshop ABF SC, Room 6306 12.00-13.00 Lunch (at your own expenses) 13.00-14.00 Sustainable Food & Lifestyle Interactive Workshop ABF SC, Room 6306 14.00-15.00 Explore Bulgaria – interactive workshop ABF SC, Room 6306 15.00-15.30 Green Initiative ABF SC 19.00-21.00 Cultural program – Opening of 12ve International Festival "Meeting of Student Choirs" Dr. Carl Djerassi Theater Hall	10.00 – 15.30 Interactive workshop – Bulgarian culture, traditions and healthy food presented in the village of Gorno Draglishte Participants can feel the unique atmosphere of the countryside, participate in different cultural workshops, cook and try traditional Bulgarian healthy food, learn more about Bulgarian traditions, folk dances and songs 19.00-21.00 Cultural program – attending the 12ve International Festival "Meeting of Student Choirs" Dr. Carl Djerassi Theater Hall	10.00-12.00 Specialized tracks – job shadowing at: - AUBG Student Affairs Department (Residence Life, Career Center, Health & Well-being Center (Medical or Counselling), Sports and Athletics Center & Center for Learning and Academic Success, Writing Center, Student Leadership and Engagement Office) - AUBG Panitza Library - AUBG Erasmus Office 12.00-13.00 Lunch (at your own expenses) 13.00-15.30 "Treasure from Trash - Transforming Waste into Wonders" Art workshop Participants together with AUBG exchange students will use discarded materials and will be encouraged to be creative, resourceful and environmental responsible. ABF SC, Room 6306	10.00-11.00 End of the "Zero Waste Week" Challenge – sharing the results and feedback ABF SC, Room 6306 11.00-11.30 Reflection & Feedback Circle ABF SC, Room 6306 11.30-12.00 Closing ceremony- Certificates & photo session ABF SC, Room 6306 Co-funded by the Erasmus+ Programme of the European Union  

